## OCTOBER 2025

## **#Blackhawk Nation**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1 BKF Round Chicken Popcorn Mashed Potatoes w/gravy WG Bread & Butter Corn Salad Bar & Fruit	2 Donut Holes  Turkey Bacon Wrap w/fixings Chip & Black Bean Dip Pickle Veggies & Dip Fruit	Muffin  Hot Dog or Chili Dog on Bun Twister Fries Baked Beans Salad Bar Fruit
6 PB&J  Spaghetti w/Meat Sauce Bread Stick Broccoli & Cauliflower Veggies Fruit National Noodle Day	7 Muffin Chicken Patty on Bun Smiles Corn Salad Bar Fruit	8 Cereal Bar  Scalloped Potatoes & Ham  WG Roll  Cottage Cheese  Salad Bar  Fruit	9 Pancake Wrap Pizza Dippers w/dipping sauce Yogurt Cup Peas & Carrots Garden Bar Fruit	Chicken Nuggets w/dipping sauce Au Gratin Potatoes Baked Beans Garden Bar Fruit
Cheeseburger on Bun lettuce, tomato, pickle, onion French Fries & Baked Beans Garden Bar Fruit	14 Cheese Stick/Goldfish  Taco's w/fixings  WG Cracker  Refried Beans  Fresh Veggies & Dip  Fruit	Meatball Sub w/fixings Sun Chip Veggies & Dip Fruit	16 Banana Bread  Chicken Alfredo Bread Stick Broccoli Salad Bar Fruit	NO SCHOOL
Quesadilla  W/Salsa & Sour Cream  Scooby Snacks  Beans  Garden Bar  Fruit	Cereal  Chicken Nuggets  Mashed Potatoes w/gravy  WG Bread w/butter  Corn  Garden Bar  Fruit	Pancakes  French Bread Pizza w/dipping sauce Green Beans Garden Bar Fruit	23 BKF Frudel  Deli Sub Sandwich	24 Cooks Choice  Goulash  WG Bread & Butter  Cookie  Salad Bar  Fruit
27 Pancakes  Sloppy Joe on Bun Baked Potato w/butter & Sour Cream Broccoli Garden Bar & Fruit National Potato Day	Pizza (meat or cheese) Yogurt Cup Honey Carrots Salad Bar & Fruit National Chocolate Day	29 Waffles Chicken Strips w/dipping sauce French Fries Green Beans Salad Bar Fruit	30 Granola Bar Breakfast Pizza Hashbrown Patty Steamed Veggies Garden Bar Fruit	Corn Dog French Fries Baked Beans Salad Bar Fruit BIRTHDAY TRFAT

This institution is an equal opportunity provider.

## **NO SCHOOL**

October 17

Milk Choices Served Daily: 1%milk, fat free milk, fat free chocolate milk

Menu subject to change at any given time due to availability.



